Dear Present and Future Members,

When reviewing the SCL offerings for the Fall 2017 Semester, we hope that you will be as enthusiastic as we are. The sessions are described in more detail in this brochure. Our courses are lecture-based and taught by local experts. With the exception of the field trips, all of the classes will be held at the O'Connor Center, 611 Winona Street. Classes meet at 1:00 p.m. and 2:30 p.m. on Tuesdays and Thursdays during the semester. There are hosted refreshments from 2:00 to 2:30 pm.

SCL is a volunteer organization supported by membership dues, the University of Tennessee Department of Professional and Personal Development, and the John T. O'Connor Senior Center. All members must be 55 years of age or older. Officers and the Curriculum Committee are all SCL members who volunteer their time and effort to bring you these programs. The cost of membership is $40.00 per person or $55.00 per couple (per semester). These fees are used to offset the costs of brochure printing, postage, registration, barbecue, speaker honorariums, supplies, field trip subsidies, etc. Registration is through the Department of Professional and Personal Development, via telephone using a credit card at (865) 974-0150 or mailing the registration form on page 9.

Nametags—As a registered member of SCL, a nametag will be created for you. When attending any of our SCL events, please wear your nametag. It demonstrates that you are a paying member of SCL and also helps each of us to learn the names of fellow members. We ask that you please return your nametag at the end of each session so that it will be available for you at each event.

Officers and Volunteers for the Fall 2017 Semester: Officers: Gould Smith, President; Diane Whitaker, Secretary; Sue Ludwig, Treasurer; Curriculum Committee: Gould Smith, Chair; Jeanne Haddock, Faye Reynolds, Betty Blass, Marsha Hinde, Sherrie Raymond; Hospitality: Barbara Chapin; Field Trips: Faye Reynolds; Publicity: open; Audiovisual: Gould Smith; BBQ: Ginger Milligan; Brochure: Gould Smith and the Curriculum Committee.

Semi-Annual “Members Only” Chicken Lunch and Entertainment

Thursday, August 31, 2017, at 12:30 p.m.

O’Connor Center Auditorium

Musical Entertainment provided

Please be sure to make your reservation no later than Friday, August 25, to guarantee your attendance at the Chicken Lunch and for us to plan adequate food service.

You may call the UT Department of Professional and Personal Development at 865-974-0150 to register and pay by credit card, or simply fill out the registration form on page 9 and mail as instructed to pay by check. Be sure to specify whether you will attend the chicken lunch as well as the number in your party (MEMBERS ONLY). A reservation for the chicken lunch is not guaranteed if you register after August 25. Late registrations are, however, accepted for the classes.
## SCL Programs

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<td>&quot;Introducing the Bassoon&quot; — Dr. Keith McClelland</td>
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<td>Sep. 5</td>
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<td>Sep. 14</td>
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<td>&quot;Tooth Replacement Options and Other Dental Concerns&quot; — Dr. Robert Freeman</td>
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<td>** &quot;Think F.A.S.T. about Strokes&quot; — Dr. Jose A. Cardenas**</td>
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<td>&quot;Water Quality in Knoxville&quot; — Mr. Kevin Keaton, Mr. Bill Julian</td>
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<td>&quot;Reforming Systems That Exploit People in Poverty&quot; — Ms. Sara Wood</td>
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<td>Sep. 28</td>
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<td>FIELD TRIP: Sweetwater Valley Farm — Faye Reynolds — MEMBERS ONLY</td>
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<td>Oct. 3</td>
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<td>&quot;Pets as Companions — What’s Right for You&quot; — Ms. Courtney Kliman</td>
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<td>FIELD TRIP: Lunch trip to Walters State Culinary Arts School — MEMBERS ONLY</td>
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**Joint Meeting with Council on Aging**
Liz Cutrone and her family operate Wild Birds Unlimited, a nature shop specializing in products and information about attracting, feeding and teaching about backyard birds.

**Thursday, September 7**
**2:30 PM**
**Surprise Lecture**
This will be an interesting talk, but not confirmed at the time the brochure was being printed.

**Tuesday, September 12**
**1:00 PM**
**“My Experiences Along the Appalachian Trail, 2016”**
**Speaker: Mr. Steven Millsaps**
Steve was an educator, principal and coach for most of his life. He retired in 2014 and started a lawn care service. During a physical in 2015, his doctor became concerned, and Steve was diagnosed with colon cancer and had a successful surgery. In 2016, he hiked the Appalachian Trail to raise Colon Cancer awareness. He will talk about his experiences along the trail, what he learned, reflected upon and observed.

Steve grew up on a beef and dairy farm in Philadelphia, TN. Attended Loudon High School and Tennessee Wesleyan, graduating with a degree in accounting in 1981. In 1982, he got his Teaching Certificate and returned to LHS to teach and coach. He served as principal at North Middle School and Lenoir High School. In 1988, he was recognized as TACA AA State Coach of the year and Knoxville News-Sentinel East TN Basketball Coach of the year. He was also recognized as East TN Principal of the Year in 2011.

**Tuesday, September 12**
**2:30 PM**
**“Prepping in the Fall for a Successful Spring Garden”**
**Speaker: Mr. Neal Denton**
Neal Denton is the County Director and Extension Agent with UT/TSU Extension--Knox County. He is responsible for farming, home horticulture and solid waste management education. Neal also does horticulture programming for Live at Five at Four and the Morning Show with WBIR.
At one time, the main (and often only) choice for senior citizens needing to replace teeth was pulling them, sometimes including good teeth, for replacement by denture. Now, dentists want to help patients preserve even a few of their own teeth and take advantage of partials or even implants for more natural results, especially where chewing food is concerned. Dr. Freeman will guide us through the available options so we can decide which one is best for us, or a loved one.

Dr. Freeman has practiced general and cosmetic dentistry since earning his degree at the University of Tennessee College of Dentistry.

A stroke can happen in a moment. Do you know all the signs and symptoms and can you think FAST? Come learn the newest information regarding strokes and stroke recovery.

Dr. Jose A. Cardenas specializes in the diagnosis and treatment of a broad range of neurological conditions including stroke, migraines, epilepsy, multiple sclerosis and Parkinson’s disease. Dr. Cardenas received his medical degree from LaSalle University, Mexican School of Medicine, Mexico City. He completed an internship at New York Medical College Metropolitan Hospital Center, New York, and his residency and a fellowship in Vascular Neurology/Stroke at the University of Texas Southwestern Medical Center, Dallas. Dr. Cardenas is board certified in General Adult Neurology, Vascular Neurology and Headache Medicine.

The Tennessee River is the source for KUB’s drinking water. Each day KUB’s Mark B. Whittaker plant takes approximately 30 million gallons from the river for treatment and subsequent testing to ensure our drinking water is safe to distribute to the community. Making sure that our water quality exceeds all the federal and state standards that apply involves more than just proper water treatment. In this presentation, you’ll learn about how important it is for utilities to focus on many different aspects to ensure safe water for communities. This includes protecting our source waters, properly operating our water and wastewater plants, maintaining our utility infrastructure (from our plants to your home) and meeting all the applicable regulatory standards that apply to water and wastewater systems.

Kevin Keaton has been with KUB for 14 years and has a background in analytical testing, treatment and regulations. He supervises KUB’s water quality laboratory and works closely with water and wastewater plant personnel on a daily basis.

Bill Julian has been with KUB for 25 years and has a background in regulatory compliance and customer service. He manages KUB’s Water Distribution Flushing Program and Cross-Connection Control Program.

Court costs, fines, and bail, for even minor, non-criminal infractions, can be the catalyst that sets someone on the treadmill to nearly inescapable poverty. The Southern Poverty Law Center (SPLC) is a nonprofit civil rights organization dedicated to fighting economic injustice, as well as other social issues, for the most vulnerable members of society. A for-profit private probation company called Judicial Correction Services (JCS), that often extorted money from low-income Alabamians by threatening them with jail when they fell behind on paying fines from traffic tickets or other citations, had been operating in over 100 municipalities across Alabama. In March 2015, SPLC took on JCS and the city of Clanton, Alabama, and by November of that same year, JCS had closed up operations in all of Alabama. Since then, SPLC has been working with nearly 70 municipalities across that state to reform their bail practices and end this discrimination, which disproportionately affects the poor and communities of color. We will learn more about how keeping people out of unnecessary incarceration can help prevent them from losing their jobs, homes, and hope for their future.

Sara Wood, a native of Mobile, Alabama, is an Outreach Paralegal on the Economic Justice Project at SPLC, where she works on reforming systems that punish and exploit people living in or at the edge of poverty. She graduated from Auburn University with a Bachelor of Science in social work and a Bachelor of Arts in psychology.
Thursday, September 21
1:00 PM
“The Life Cycle of the Honey Bee”
Speaker: Ms. Lynda Rizzardi

The honey bee is one of Tennessee’s agricultural insects and is a critical part of our food chain. If one likes to eat, one needs to like honey bees. Lynda will discuss the three castes of bees (Queen, Worker, Drone) in a hive and how the insects grow and reproduce.

Lynda Rizzardi is a third generation beekeeper, President of the Knox County Beekeepers for 8 years, served Tennessee Beekeepers for 8 years (2 years each as Honey Show Director, President, Executive Vice President, and Honey Show Judge). She contributed to the book *The Complete Guide to Beekeeping for Fun and Profit* in 2010. In 2013, Lynda was Tennessee Beekeeper of the Year.

Thursday, September 21
2:30 PM
“Objects Over Time”
Speaker: Ms. Hannah Rexroad

We will analyze or “read” an object to determine its place on a timeline keyed to important events in Tennessee history. The group will discuss the context, causes, and effects of these events while sharing stories about how their own lives were affected as well.

Hannah Rexroad is the Education and Volunteer Coordinator at the East Tennessee Historical Society.

Tuesday, September 26
1:00 PM
“Butterflies of Tennessee”
Speaker: Mr. Gould Smith

Tennessee has 124 species of butterflies and many are right under our noses and go unseen. We will talk about the history and lifestyles of these elusive creatures, things to look for when you see a butterfly, the life cycle they undergo and their migration patterns. Many of the species are vanishing because their food and reproductive plants are vanishing. You will learn how you can help keep these beautiful creatures around.

Gould Smith has a degree in Zoology from the University of Tennessee and has had a lifelong interest in nature. In 2015, he became a certified Tennessee Naturalist and is working on specializing in butterflies. He has worked with the Tremont Institute for the last two years compiling their butterfly counts and monarch butterfly tagging. Gould wants to share his enjoyment of these beautiful and often innocuous insects.

Tuesday, September 26
2:30 PM
“Next Generation Bioenergy: Why It’s Still Important with Cheap Oil and Gas”
Speaker: Dr. Neal Stewart

Renewable energy is beneficial for transportation fuels that go beyond present economics. Carbon and greenhouse gas mitigation and environmental reasons are sufficient cause to pursue next generation biofuels beyond corn to ethanol. Genetic engineering and new biotechnologies also play an important role in next generation crops, including those for biofuels in order to meet current and future needs for food and fuel. We’ll discuss the science behind the research and listen to concerns about biofuels and biotechnology and the nexus of the two controversial topics.

Since 2002, Neal Stewart has held the Ivan Racheff Chair of Plant Molecular Genetics at the University of Tennessee. His research spans the use of cellular, molecular, and synthetic biology tools for advanced plant genetics. He is also interested in policy issues and the ethics of using genetic engineering and synthetic biology in agriculture. Stewart has authored 250 journal articles, 100 book chapters and other articles, as well as 7 books. In 2015, he was elected as Fellow of the American Association for the Advancement of Science (AAAS).
Thursday, September 28
FIELD TRIP: Sweetwater Valley Farm in Philadelphia, TN
Organizer: Faye Reynolds
Depart O’Connor Center morning and return early afternoon
RESERVATIONS AND ADDITIONAL FEES REQUIRED – SEE FIELD TRIP RULES ON PAGE 9
MEMBERS ONLY
We will travel to the dairy rich Sweetwater Valley and experience a working dairy farm. Visit their agritourism barn display, The UdderStory, and learn about the past, present and future of dairying. Then a visit to the farm store and see their handcrafted cheddar cheeses being made as well as sample some. Eat lunch and return via a scenic drive back to Knoxville.

Tuesday, October 3
1:00 PM
“Pets as Companions – What’s Right for You”
Speaker: Ms. Courtney Kliman
As we age, our needs and abilities change. Often, a pet is a great companion to have, but which one is the best for our needs? Ms. Kliman will discuss what things to consider when looking for a pet for our age group.

Courtney Kliman earned her Bachelor of Science degree in communication from the University of Tennessee and embarked on a career in journalism. She served as overnight and morning anchor for WVLT Local 8 News before joining Young-Williams Animal Center. The Young-Williams Animal Center is a non-profit organization that annually cares for nearly 11,000 homeless pets.

Tuesday, October 3
2:30 PM
“Composting”
Speaker: Mr. Bob Grimac
Composting is an invaluable asset to home gardening, whether it be for flowers or vegetables. It is also an eco-friendly method of recycling many of your home waste products that you may just throw away or have removed.

Bob Grimac is an East Tennessee native who likes to walk, bike, garden, and sing. Bob serves as the president of the Vegetarian Society of East Tennessee and is an advocate of backyard composting. His other interests include folk dance and folk singing. He teaches sign language as well as Spanish, piano, guitar, and recorder.

Thursday, October 5
1:00 PM
“The Sgt. Pepper’s Album at 50”
Speaker: Mr. John North

The Beatles’ famous eighth album, *Sgt. Pepper’s Lonely Hearts Club Band*, turned 50 years old this year! Most of us have fond memories of the easily recognizable album cover and the innovative songs it included. John will talk about the album, its history and little known facts about its creation.

John North is an avid Beatle’s historian. During the daytime, he is Senior Digital Producer at WBIR. He has been an editor at the Knoxville News-Sentinel and worked at CNN and the Kansas City Star. He also is a photographer and a collector of photographs of famous musicians.

Thursday, October 5
2:30 PM
“Feasts for the Spirits: Food, Literature, and the Afterlife in Ancient China”
Speaker: Dr. Charles Sanft

In this lecture, Charles Sanft will draw from history, literature, and archaeology to talk about food in ancient China. Prof. Sanft will introduce an early Chinese poem describing a feast for a spirit, and show photographs of dishes, chopsticks, and even actual foods that archaeologists have uncovered. The result will be a snapshot of what people so long ago ate and how they ate it.

Charles Sanft is Associate Professor of History at the University of Tennessee, Knoxville. He has published widely on the history and culture of early imperial China.
Tuesday, October 10
1:00 PM
“Food Riots and the Politics of Provisions from Ming China to 18th Century England to 2008”
Speaker: Dr. John Bohstedt
Most popular and media assumptions about riots are wrong: riots are not people going socially crazy; rather, rioters are usually extending normal political relationships over the boundaries of legality to make rulers act. In particular, the hundreds of food riots examined here are instances of political bargaining—between working people and their rulers. In this “politics of provisions,” our most basic need—for food—is moral, urgent, and often capable of solution. That gives food riots a lot of leverage, and they often succeed, in very different historical settings.

John Bohstedt taught history at Harvard for six years and at UTK for twenty-nine years. Food riots brought the usually-invisible “ordinary people” onto the social stage for us to see their values and social ties in action, so they call for analysis from anthropological, dramatic, and many other perspectives. That provided a favorite arena of discussion for Mr. Bohstedt’s students. Bohstedt has also been a community activist and organizer, which lent practical experience to his analysis.

Tuesday, October 10
2:30 PM
“American Impressionism: The Lure of the Artists’ Colony”
Speaker: Ms. Kitsy Hartley
This talk will examine the key role played by artist colonies around the country in the development of American Impressionism. It features more than 50 oil paintings and works on paper dating from the 1880s through the 1940s by leading artists of the movement, such as William Merritt Chase, Childe Hassam, Mary Cassatt and John Singer Sargent. This is an upcoming exhibition at KMA this fall.

Kitsy has been a KMA docent since 1997, is the chair of the Volunteer Advisory Committee, and serves on the Education, Collections and Exhibitions, and Docent committees.

Thursday, October 12
1:00 PM
“Behind-the-Scenes of the Clarence Brown Theatre”
Speaker: Mr. Calvin MacLean
Join the Clarence Brown Theatre’s Producing Artistic Director Calvin MacLean as he goes behind-the-scenes of the CBT with an in-depth discussion on how the life of Hollywood Director Clarence Brown has impacted the lives of UT theatre students for decades. The Clarence Brown Theatre is not just a college campus theatre. They are a professional LORT theatre company bringing world-class productions to Greater Knoxville and beyond, helping to build awareness of the importance of the arts.

At UT’s Clarence Brown Theatre since 2006, Cal is in his eleventh year as Theatre Department Head and CBT Company Producing Artistic Director. CBT productions he has directed include: A Flea in Her Ear, The Life of Galileo, The Secret Rapture, A Streetcar Named Desire (with Dale Dickey), Amadeus (with the Knoxville Symphony Orchestra), Kiss Me, Kate, Sweeney Todd (with the Knoxville Symphony Orchestra and Dale Dickey), Our Country’s Good, The Threepenny Opera, The Open Hand, and last season’s The Crucible. Cal was the Artistic Director of the Illinois Shakespeare Festival for eleven seasons. Professionally active in Chicago, his productions—mostly at the Famous Door Theatre—earned several Joseph Jefferson Awards for Outstanding Production and Direction. Most notable was Joshua Sobol’s Ghetto, a production that ran for seven months and was honored with four Jeff Awards, including Outstanding Direction of a Play.

Cal is the Past President of the University/Resident Theatre Association and a member of the National Theatre Conference. He and his wife Rebecca are the proud parents of Sam and Rachael.
**Thursday, October 12**

2:30 PM  
“*That’s What Friends Are For: The Movie*”  
**Speaker: Silver Stage Players**  
**Joint Meeting with Council on Aging**

Knoxville based senior theatre troupe, The Silver Stage Players, announce a special viewing of “*That’s What Friends Are For: The Movie,*” a short film adaption of their play on elder abuse. This film project is the culmination of almost three years work. Early in 2014, after weeks of research and discussions with representatives from local agencies for abused seniors, Jeanette Stevens, Silver Stage’s resident playwright, began writing two original plays on elder abuse for the group. Steve Trigg, a retired United States Air Force videographer adapted the plays for film. He also shot, directed and edited the project.

The Silver Stage Players, an educational/outreach partnership between Tennessee Stage Company and the O’Connor Center, were formed to provide training and performance opportunities tailored specifically to senior artists. They are Tennessee’s only nationally recognized theatre group for senior actors. Members of Silver Stage write, produce and perform their own plays, tackling difficult senior issues with compassion and humor.

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**Tuesday, October 17**

1:00 PM  
“*Emerald Academy: Knoxville’s First Charter School*”  
**Speaker: Mr. John Crooks**

Emerald Academy is Knoxville’s first charter school, opening its doors in July 2015. Emerald Academy currently has 250 kindergartens, first, second, and sixth grade students enrolled, and expects to grow to 540 students in grades K-8 by the 2019-2020 school year. Emerald Academy’s mission is to develop scholars into leaders by creating the best learning culture for city students in fostering the skills, habits, and values for success in high school, college and life. Its school-wide goals are to provide a strong learning culture with high expectations for each student, to maintain robust ties with family and community, and to firmly establish a dedicated path to college and beyond.

John Crooks is the Marketing and Communications Director for Emerald Youth Foundation and Emerald Charter School.

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**Tuesday, October 17**

2:30 PM  
“*The Accidental Farmer*”  
**Speaker: Mr. Jim Gray**

Permaculture combines social design with agriculture to enhance natural ecosystems by working with, rather than against, nature. Anyone who has had a backyard garden knows how challenging it can be to try to produce some of your own food, but with increasing interest in locally-produced vegetables. The resources available at East Tennessee Permaculture Institute are both educational and inspirational. In addition to Home Gardeners’ Workshops, there are Special Interest Groups including Aquaponics and Foraging, among others.

Jim Gray, co-founder of ETPRI, is an economist who works with energy and resource issues. He is also adjunct editor of economics textbooks for Springer Publishing. Jim has long been a political and social activist. His service on many local boards included a term as Chair of SEED, a local non-profit. Working with entrepreneur David Bolt, he helped launch ETPRI almost 3 years ago. Jim holds degrees in business and policy analysis (among other things) from the University of Buffalo and Empire State College.

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**Thursday, October 19**

**FIELD TRIP:** Walters State Culinary Arts School for multicourse lunch.  
**Organizer: Faye Reynolds**  
Depart O’Connor Center morning and return early afternoon  
RESERVATIONS AND ADDITIONAL FEES REQUIRED – SEE FIELD TRIP RULES ON PAGE 9  
MEMBERS ONLY

We will travel to the Walters State campus in Sevierville to enjoy a wonderful meal prepared by students of the Culinary Arts School.
ITEMS FOR YOUR ATTENTION:

- **Attracting New Members** — As in all organizations, it is imperative that we attract new members. If you would be willing to distribute brochures to locations such as your local grocery store, doctor’s office, church, garden, bridge or health clubs, etc., please call Gould at (865) 691-2718 to request the number of brochures you can distribute. Brochures may be picked up at the O’Connor Center. If you know of anyone who should be on our mailing list, please call the UT Department of Professional and Personal Development at (865) 974-0150 and request that they be sent a brochure. **Reminder: SCL is a program for those 55 years of age or older.**

- **Volunteers** — We especially need individuals to serve with Publicity, the Curriculum Committee, to help with the chicken lunch and refreshments at meetings, and to assist with nametags. If you are interested in volunteering but can’t attend every session, partner with someone so you will both have flexibility. Whatever you can do would be greatly appreciated. **Without additional volunteers—especially on the curriculum committee—we cannot continue to operate SCL as it is currently structured.** Please contact Gould Smith at (865) 691-2718 or wa4sxm@gmail.com if you can help in any way.

- **Refreshments at Meetings** — We depend on volunteers to furnish fresh fruit and vegetables, cookies, crackers, and other snacks during the break between the 1:00 and 2:30 sessions. Please sign up with Barbara Chapin to make your contribution each semester.

- **Chicken Lunch and Field Trips** — While we welcome visitors on a **one-time basis**, especially prospective members or out-of-town houseguests of members, in the interest of fairness to all of our members, it is required that those who wish to attend must register and pay membership fees. **Reminder: The Chicken Lunch and SCL field trips are for MEMBERS ONLY.** Specific information, signup and times for field trips are available only at the lectures. Additional fees are required for all field trips. Many trips have a maximum number of participants, so please sign up early at the meetings.

On field trips a bus must be engaged, at least ¾ of the seats must be filled or the trip will be cancelled. At or after the time that ¾ of the seats are filled, **no refunds will be given.** If one bus is filled, those wishing to take the trip may put their names on a waiting list. However, at least ¾ of the second bus must be filled before it will be engaged.

- **Inclement Weather Policy** — If metro Knoxville schools are closed, SCL is cancelled for that day.

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**REGISTRATION FORM**

The SENIORS FOR CREATIVE LEARNING membership fees ($40/person, $55/couple per semester) is due at registration and entitles you to attend one or all of the classes being offered during the current semester. You may enroll at any time during the semester.

You may call the UT Department of Professional and Personal Development at (865) 974-0150 to register by phone using a credit card and giving the information requested, or you may complete the form below and send it to the address indicated.

Name(s): (please print) ____________________________________________________________

Address: (please print) ____________________________________________________________

City: __________________________ State: _______________ Zip: _______________

Phone: __________________________ E-mail: __________________________

Enclosed is a check payable to the University of Tennessee in the amount of _________ $40 for a single membership or _________ $55 for a couple. Please enroll me/us in the **Fall 2017** semester.

**Mail or call:**

UT Professional & Personal Development
313 Conference Center Building
Knoxville, TN 37996-4137
(865) 974-0150 http://www.noncredit.utk.edu/Documents/Seniors.pdf

Number of members attending the Chicken Lunch on August 31 ______
ATTENTION SENIORS!

Seniors For Creative Learning (SCL) is . . .

- A membership organization of seniors dedicated to learning new things and sharing their love of learning with others;
- Informal education designed and developed by SCL members and offered in an informal setting;
- A membership organization available to all seniors, 55 years of age or older;
- Offered twice yearly – spring and fall;
- Supported by the members, membership fees, The University of Tennessee’s Department of Professional and Personal Development and the John T. O’Connor Senior Center.

Note: All sessions, unless otherwise noted, will be presented at the John T. O’Connor Center.

Have you heard of a good program that you think SCL members would enjoy hearing? How about entertainment for the BBQ or a venue for a field trip? Give one of the Curriculum Committee members a note with the specifics, and we will consider your idea for a future presentation. Let us know about the topics and presenters you particularly liked or disliked. We need your feedback to serve you best.

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